

Cortisol Stimulation

Date: _____

The Cortisol stimulation test is intended for use as a diagnostic agent in the screening of patients for adrenocortical insufficiency. A baseline cortisol is drawn, cosyntropin medication is administered, and the patient then has blood specimens drawn at 30 minutes and 60 minutes after the injection.

PROTOCOL

1. Register patient
2. Order the following tests:
 - **Cosyntropin (Nursing Order)**
 - **ACTH Stimulation Test (LAB711)**
3. Draw a **baseline** specimen no more than 30 minutes prior to administration of cosyntropin.
4. Administer cosyntropin according to instructions and note the time of injection.
5. Draw an additional specimen **30-minutes post** cosyntropin administration. Indicate time of draw on tube.
6. Draw an additional specimen **60-minute post** cosyntropin administration. Indicate time of draw on tube.

Patient Name

Medical Record Number

Baseline cortisol drawn at

Time of injection

Draw 30-minute cortisol at

Draw 1-hour cortisol at